

24. Skinfit Luschnouar Ironmännli 2013

Ergebnisliste AK Ironmännli

Pl.	Stn.	Name	Jg.	m/w	Verein	Schwimmen	Wechsel 1	Radfahren	Wechsel 2	Laufen	Endzeit
Ironmännli											
Jug W											
1.	209	Zlimnig, Magdalena	1997	w	MP-Team Dornbirn	0:07:50 (1.)	01:26	0:23:49 (1.)	00:40	0:26:04 (5.)	0:59:51.6
2.	84	Kleiter, Alexeja	1999	w	1. Raika TTC Innsbruck	0:09:31 (2.)	00:50	0:26:09 (5.)	00:28	0:23:03 (1.)	1:00:03.6
3.	202	Dolderer, Lilli	1998	w	Trikids DAV Ravensburg	0:10:22 (4.)	01:33	0:24:14 (2.)	00:24	0:23:45 (2.)	1:00:21.0
4.	221	Beck, Lara	1997	w	LTC Wangen	0:10:20 (3.)	01:15	0:25:07 (4.)	00:45	0:24:09 (3.)	1:01:39.2
5.	98	Hefel, Catrin	1997	w	MP-Team Dornbirn	0:10:40 (7.)	00:58	0:24:32 (3.)	00:26	0:26:23 (6.)	1:03:02.2
6.	152	Gächter, Katharina	1999	w	1. Raika TTC Innsbruck	0:10:26 (5.)	00:40	0:26:29 (6.)	00:21	0:25:51 (4.)	1:03:48.6
7.	83	Hupfaut, Victoria	1999	w	1. Raika TTC Innsbruck	0:10:33 (6.)	01:10	0:26:33 (7.)	00:41	0:28:39 (7.)	1:07:39.0
Jun W											
1.	235	Heim, Lisa	1995	w	Mack Team SF Dornstadt	0:08:41 (1.)	01:17	0:25:44 (2.)	01:00	0:21:58 (1.)	0:58:43.3
2.	262	Philipp, Katharina	1994	w	TV Immenstadt	0:09:38 (2.)	01:21	0:23:38 (1.)	01:01	0:24:35 (2.)	1:00:15.3
U 23 W											
1.	194	Wiestner, Lisa	1991	w	1. Raika TTC Innsbruck	0:09:55 (1.)	01:08	0:24:42 (2.)	00:52	0:23:16 (1.)	0:59:55.2
2.	157	Kuttner, Kerstin	1991	w	Tri Dornbirn	0:11:15 (2.)	03:29	0:22:56 (1.)	00:49	0:25:32 (2.)	1:04:04.0
E I W											
1.	244	Schelling, Katharina	1989	w	Tri Dornbirn	0:07:57 (2.)	00:39	0:20:54 (1.)	00:29	0:20:19 (2.)	0:50:21.0
2.	261	Scheck, Nadine	1986	w	TG Hütten	0:07:50 (1.)	01:48	0:21:23 (2.)	00:44	0:20:27 (3.)	0:52:14.3
3.	248	Croll, Lisa	1987	w	TSV Fischbach	0:08:20 (3.)	01:02	0:22:05 (3.)	00:34	0:20:48 (4.)	0:52:50.6
4.	251	Rojek, Katharina	1985	w	TriTeam Lustenau	0:08:32 (4.)	02:05	0:22:08 (4.)	00:42	0:20:15 (1.)	0:53:44.0
5.	182	Felizeter, Carmen	1985	w	(Egg)	0:10:00 (5.)	01:35	0:22:57 (6.)	01:04	0:20:57 (5.)	0:56:34.6
6.	129	Tschemernjak,	1987	w	Tri Dornbirn	0:11:36 (7.)	00:53	0:22:46 (5.)	01:23	0:23:54 (7.)	1:00:33.8
7.	120	Winder, Marlies	1984	w	Trigantium Bregenz	0:13:44 (9.)	00:46	0:23:13 (7.)	00:59	0:22:19 (6.)	1:01:02.8
8.	50	Waldhuber, Sonja	1987	w	TriTeam Lustenau	0:10:47 (6.)	00:53	0:23:38 (8.)	01:05	0:24:52 (9.)	1:01:18.5
9.	156	Schertler, Heidi	1987	w	Tri Dornbirn	0:12:21 (8.)	01:15	0:24:24 (9.)	01:34	0:24:24 (8.)	1:03:59.8
E II W											
1.	267	Kempter, Sabine	1979	w	Tri Dornbirn	0:07:57 (1.)	00:37	0:19:38 (1.)	00:33	0:18:33 (1.)	0:47:19.4
2.	269	Pick, Sabrina	1980	w	TSV Fischbach	0:08:46 (3.)	00:41	0:22:08 (3.)	00:36	0:20:53 (2.)	0:53:06.3
3.	253	Keybach, Ilona	1980	w	TG Biberach	0:08:11 (2.)	01:19	0:21:40 (2.)	00:43	0:22:22 (4.)	0:54:17.1
4.	193	Schmitz, Nadja	1980	w	RSC AUTO BROSCHE Kempten	0:08:47 (4.)	01:40	0:22:53 (4.)	01:01	0:21:17 (3.)	0:55:41.1

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5.	115	Stromm-Haller, Heike	1975	w	TSV Fischbach	0:09:02 (5.)	00:58	0:23:07 (5.)	00:40	0:22:25 (5.)	0:56:14.9
6.	208	Ratz, Susanne	1981	w	Trigantium Bregenz	0:09:40 (6.)	01:26	0:24:32 (8.)	01:00	0:23:33 (7.)	1:00:14.0
7.	144	Voegt, Nadine	1983	w	Trigantium Bregenz	0:11:03 (7.)	00:58	0:24:01 (7.)	00:48	0:25:30 (10.)	1:02:22.5
8.	117	Markoc, Isabell	1978	w	Tri Dornbirn	0:12:08 (10.)	02:49	0:23:51 (6.)	00:54	0:23:06 (6.)	1:02:51.4
9.	81	Linher, Melanie	1982	w	SC Flös	0:11:50 (9.)	01:03	0:24:41 (9.)	00:58	0:25:27 (9.)	1:04:02.4
10.	95	Schrade, Katarina	1981	w	TriTeam Isny	0:11:12 (8.)	03:13	0:27:45 (12.)	00:32	0:27:00 (12.)	1:09:44.6
11.	87	Horn, Astrid	1981	w	(Friedrichshafen)	0:12:16 (11.)	03:44	0:26:32 (11.)	00:32	0:26:51 (11.)	1:09:57.2
12.	57	Maier, Marina	1981	w	Trigantium Bregenz	0:13:10 (12.)	01:58	0:25:08 (10.)	00:56	0:29:30 (13.)	1:10:44.5
13.	48	Roth, Eva	1978	w	(Oberriet)	0:14:25 (13.)	05:01	0:28:31 (13.)	01:57	0:25:12 (8.)	1:15:08.4

W40

1.	218	Hollenstein, Andrea	1970	w	Tri Dornbirn	0:08:43 (2.)	00:54	0:21:05 (1.)	00:38	0:20:27 (1.)	0:51:49.3
2.	252	Gralki, Claudia	1971	w	LTC Wangen	0:08:11 (1.)	01:47	0:21:48 (2.)	00:40	0:22:16 (2.)	0:54:44.8
3.	168	Meier, Jutta	1969	w	Tri Team Bludenz	0:09:29 (3.)	01:54	0:22:14 (3.)	00:55	0:22:35 (3.)	0:57:09.2
4.	89	Rüdin, Sandra	1970	w	LGTV Teufen	0:10:08 (4.)	01:39	0:23:02 (4.)	00:29	0:24:05 (5.)	0:59:25.0
5.	93	Knop, Manuela	1971	w	TSV Fischbach	0:12:53 (5.)	00:54	0:24:55 (6.)	01:04	0:25:48 (6.)	1:05:36.8
6.	187	Winder, Sabine	1973	w	(Schwarzach)	0:13:38 (8.)	03:43	0:23:45 (5.)	01:26	0:23:10 (4.)	1:05:44.1
7.	145	Lindner, Brigitte	1971	w	(Sargans)	0:13:18 (6.)	00:48	0:25:51 (7.)	01:08	0:26:51 (7.)	1:07:57.2
8.	68	Kleiter, Natascha	1970	w	1. Raika TTC Innsbruck	0:13:25 (7.)	00:53	0:26:57 (8.)	00:33	0:29:54 (8.)	1:11:44.2

W45

1.	268	Philipp, Barbara	1966	w	TV Immenstadt	0:10:02 (1.)	01:02	0:22:16 (1.)	00:45	0:24:09 (1.)	0:58:15.9
2.	139	Mooser, Sandra	1967	w	Gold Ochsen Team SSV Ulm 1846	0:11:24 (2.)	00:56	0:23:43 (2.)	01:24	0:24:13 (2.)	1:01:42.1
3.	51	Walder, Kathrin	1964	w	(Schiers)	0:13:48 (3.)	02:54	0:25:44 (3.)	01:39	0:24:22 (3.)	1:08:29.6

W50

1.	151	Seibert, Heidi	1963	w	(Nidfurn)	0:13:03 (2.)	00:44	0:24:45 (2.)	01:23	0:21:56 (1.)	1:01:53.2
2.	114	Wohlfromm, Eva	1961	w	TF Feuerbach	0:10:20 (1.)	00:50	0:26:54 (3.)	01:13	0:26:35 (2.)	1:05:54.6
3.	213	Jakober Mascher,	1962	w	(Feldkirch)	0:13:12 (3.)	03:14	0:24:11 (1.)	01:57	0:27:03 (3.)	1:09:39.9

W60

1.	66	Lutze, Ulrike	1949	w	Metzingen	0:15:30 (1.)	00:55	0:30:04 (1.)	00:52	0:30:12 (1.)	1:17:35.2
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Jug M

1.	289	Ratzmann, Moritz	1996	m	TriTeam Isny	0:08:07 (1.)	00:44	0:20:10 (1.)	00:36	0:19:12 (2.)	0:48:51.0
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2.	233	Kraupner, Stefan	1996	m	TV Dettingen/Iller	0:08:32 (3.)	00:27	0:20:49 (2.)	00:34	0:21:14 (5.)	0:51:38.5
3.	239	Weber, Simon	1996	m	TV Dettingen/Iller	0:08:40 (5.)	00:26	0:22:06 (3.)	02:06	0:19:33 (3.)	0:52:53.0
4.	183	Baumann, Nando	1996	m	(Heiden)	0:10:13 (8.)	02:35	0:22:10 (4.)	00:46	0:17:33 (1.)	0:53:19.5
5.	216	Farbmacher, Elias	1999	m	SKITRI Zirl	0:08:35 (4.)	01:34	0:23:02 (6.)	00:24	0:20:24 (4.)	0:54:01.5
6.	96	Buda, Marcel	1998	m	TG Biberach	0:10:40 (9.)	00:58	0:22:41 (5.)	00:25	0:21:33 (7.)	0:56:20.5
7.	118	Stöhr, Luca	1998	m	TG Biberach	0:08:19 (2.)	00:39	0:24:30 (9.)	00:56	0:21:57 (9.)	0:56:23.3
8.	241	Fentzl, Simon	1998	m	LTC Wangen	0:09:34 (7.)	01:41	0:23:57 (8.)	00:20	0:21:22 (6.)	0:56:56.4
9.	171	Meier, Luca	1999	m	Tri Team Bludenz	0:09:30 (6.)	02:38	0:23:33 (7.)	00:35	0:25:53 (10.)	1:02:11.5
10.	85	Aumann, Christian	1998	m	TV Dettingen/Iller	0:12:45 (10.)	00:35	0:27:11 (10.)	01:26	0:21:56 (8.)	1:03:55.3

Jun M

1.	295	Rombach, Moritz	1994	m	SG Niederwangen	0:06:48 (1.)	00:32	0:19:06 (1.)	00:32	0:19:16 (1.)	0:46:15.1
2.	179	Lietz, Mario	1995	m	TG Biberach	0:08:03 (2.)	00:56	0:21:54 (2.)	00:36	0:21:43 (3.)	0:53:14.5
3.	153	Jüptner, Clemens	1994	m	Tri Runners Baden	0:10:36 (3.)	00:45	0:22:14 (3.)	00:39	0:20:53 (2.)	0:55:09.8

U 23 M

1.	298	Bader, Martin	1992	m	TG Hütten	0:05:46 (1.)	00:25	0:18:38 (1.)	00:28	0:15:50 (1.)	0:41:08.8
2.	286	Lange, Moritz	1993	m	1. Raika TTC Innsbruck	0:07:39 (2.)	00:24	0:19:48 (3.)	00:29	0:17:59 (3.)	0:46:21.9
3.	167	Wenzel, Adrian	1992	m	TriTeam Isny	0:09:37 (5.)	00:34	0:20:29 (4.)	00:33	0:17:19 (2.)	0:48:34.4
4.	198	Marx, Moritz	1990	m	TriTeam Isny	0:08:45 (3.)	00:35	0:20:33 (5.)	00:42	0:18:57 (5.)	0:49:35.0
5.	232	Harder, Simon	1992	m	TV Dettingen/Iller	0:08:45 (4.)	00:33	0:21:00 (6.)	00:37	0:19:22 (7.)	0:50:19.4
6.	134	Braun, Maximilian	1992	m	brokenmusic	0:09:41 (6.)	00:57	0:19:32 (2.)	01:09	0:19:02 (6.)	0:50:23.3
7.	226	Jochum, Daniel	1993	m	Tri-Team Kleinwalsertal	0:10:26 (8.)	01:52	0:23:14 (8.)	02:04	0:18:20 (4.)	0:55:58.0
8.	162	Kapfer, Andreas	1990	m	RSC AUTO BROSCHE Kempten	0:10:18 (7.)	02:32	0:22:58 (7.)	01:20	0:20:06 (8.)	0:57:15.2

E I M

1.	277	Sies, Tony	1988	m	sg niederwangen	0:08:13 (3.)	00:29	0:20:03 (3.)	00:33	0:18:28 (2.)	0:47:48.7
2.	296	Fritschle, Steffen	1988	m	TG Biberach	0:06:56 (1.)	00:42	0:20:08 (4.)	00:28	0:20:06 (4.)	0:48:22.5
3.	207	Wöhrle, Daniel	1984	m	Trigantium Bregenz	0:09:31 (6.)	00:52	0:21:15 (6.)	00:33	0:19:57 (3.)	0:52:10.5
4.	135	Rapp, Daniel	1988	m	brokenmusic	0:12:29 (8.)	00:44	0:19:55 (2.)	01:14	0:17:52 (1.)	0:52:16.4
5.	215	Lenhof, Torsten	1987	m	TSV Fischbach	0:08:31 (4.)	03:21	0:19:31 (1.)	00:40	0:20:29 (7.)	0:52:34.8
6.	257	Schranz, Christoph	1984	m	Bürgermusik Rankweil	0:08:00 (2.)	01:21	0:22:30 (8.)	00:50	0:20:07 (5.)	0:52:50.0
7.	186	Gruber, Alexander	1985	m	Tri Dornbirn	0:08:53 (5.)	01:21	0:21:05 (5.)	00:30	0:21:48 (8.)	0:53:38.8
8.	124	Rauchegger, Stefan	1985	m	(Dornbirn)	0:12:14 (7.)	01:06	0:21:53 (7.)	01:27	0:20:13 (6.)	0:56:54.9

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E II M											
1.	297	Berger, Dominik	1983	m	SKINFIT RACING	0:06:20 (1.)	00:31	0:17:35 (1.)	00:36	0:17:03 (3.)	0:42:07.2
2.	290	Schnellmann, Rolf	1975	m	Tri Bodensee	0:06:45 (2.)	00:27	0:19:05 (4.)	00:38	0:17:57 (5.)	0:44:54.5
3.	249	Fuß, Andreas	1978	m	TriTeam Lustenau	0:08:05 (10.)	00:48	0:18:55 (3.)	00:34	0:16:46 (2.)	0:45:10.0
4.	258	Bühler, Berni	1977	m	Raiffeisen bikeshop studer	0:07:25 (4.)	00:39	0:19:08 (5.)	00:34	0:17:31 (4.)	0:45:18.6
5.	275	Krafft, Florian	1982	m	TriTeam Isny	0:08:32 (14.)	01:27	0:18:13 (2.)	00:30	0:16:40 (1.)	0:45:24.5
6.	32	Leiter, Andreas	1981	m	1. Raika TTC Innsbruck	0:07:41 (6.)	00:39	0:19:48 (7.)	00:43	0:18:29 (8.)	0:47:22.1
7.	279	Suman, Björn	1979	m	Tri Dornbirn	0:07:18 (3.)	01:23	0:19:23 (6.)	00:38	0:18:57 (9.)	0:47:42.1
8.	39	Netzer, Gabriel	1977	m	Trigantium Bregenz	0:07:33 (5.)	00:48	0:20:42 (13.)	01:12	0:19:18 (10.)	0:49:35.7
9.	205	Gassner, Daniel	1978	m	Triathlon Club Vaduz	0:07:45 (7.)	01:16	0:21:10 (15.)	01:20	0:18:09 (7.)	0:49:42.7
10.	185	Carraro, Nicolas	1980	m	Trigantium Bregenz	0:08:53 (15.)	00:47	0:20:08 (9.)	00:30	0:19:26 (11.)	0:49:47.2
11.	228	Büttner, Sven	1976	m	Trigantium Bregenz	0:08:08 (12.)	01:30	0:19:59 (8.)	00:58	0:19:52 (13.)	0:50:30.3
12.	280	Seiler, Ivan	1975	m	(Winterthur)	0:07:57 (9.)	01:06	0:20:39 (10.)	00:36	0:20:25 (15.)	0:50:45.2
13.	222	Forster, Pascal	1981	m	Trigantium Bregenz	0:08:54 (16.)	00:31	0:20:40 (12.)	00:31	0:20:26 (17.)	0:51:04.6
14.	191	Krywult, Jochen	1977	m	TSV Legau	0:08:16 (13.)	00:51	0:20:40 (11.)	00:42	0:20:52 (22.)	0:51:22.9
15.	285	Goetz, André	1974	m	TV Immenstadt	0:08:07 (11.)	00:29	0:22:59 (27.)	00:32	0:20:42 (19.)	0:52:50.9
16.	273	Gassner, Wolfgang	1974	m	DAV Ravensburg	0:07:51 (8.)	01:16	0:22:32 (26.)	00:56	0:20:26 (16.)	0:53:02.5
17.	143	Ohlinger, Bernd	1975	m	SG Niederwangen	0:12:01 (26.)	00:47	0:21:52 (23.)	00:52	0:18:07 (6.)	0:53:41.6
18.	130	Breu, Simon	1983	m	(Appenzell Steinegg)	0:10:35 (20.)	00:53	0:20:46 (14.)	00:52	0:20:50 (21.)	0:53:58.1
19.	133	Scheurer, Sven	1977	m	TSV Fischbach	0:11:00 (22.)	00:41	0:21:18 (16.)	00:42	0:20:34 (18.)	0:54:17.8
20.	217	Heinzle, Markus	1976	m	(Götzis)	0:09:13 (17.)	01:36	0:21:20 (17.)	00:58	0:21:15 (23.)	0:54:23.9
21.	149	Roth, Helko	1977	m	(Oberriet)	0:10:42 (21.)	00:41	0:21:28 (19.)	01:53	0:19:52 (12.)	0:54:38.3
22.	172	Adrian, Thomas	1982	m	TSV Fischbach	0:10:09 (19.)	01:26	0:21:25 (18.)	00:58	0:20:49 (20.)	0:54:50.0
23.	176	Gärtner, Simon	1982	m	OSK Team Waschbären	0:09:28 (18.)	01:26	0:21:46 (21.)	00:39	0:21:45 (26.)	0:55:06.7
24.	46	Humer, Alexander	1974	m	(Lauterach)	0:12:27 (27.)	01:10	0:21:47 (22.)	00:40	0:21:34 (25.)	0:57:40.1
25.	243	Frießnegger, Harald	1982	m	(Dornbirn)	0:11:53 (25.)	01:41	0:21:40 (20.)	00:42	0:22:05 (27.)	0:58:04.0
26.	140	Lindner, Peter	1975	m	(Helchenried)	0:11:00 (23.)	00:57	0:23:02 (28.)	00:24	0:22:54 (28.)	0:58:20.3
27.	59	Eberharter, Peter	1982	m	(Weerberg)	0:12:32 (29.)	01:23	0:21:54 (24.)	01:00	0:21:32 (24.)	0:58:23.0
28.	88	Weder, Patrick	1976	m	(Au)	0:13:12 (30.)	01:04	0:23:41 (29.)	01:14	0:20:00 (14.)	0:59:14.6
29.	67	Mattheus, Marcel	1980	m	Zwötzen Zoo	0:11:38 (24.)	01:43	0:22:18 (25.)	01:02	0:23:47 (29.)	1:00:30.0
30.	55	Fechtig, Horst	1983	m	Trigantium Bregenz	0:12:28 (28.)	02:03	0:27:05 (30.)	01:38	0:30:29 (30.)	1:13:46.2

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1.	276	Buxhofer, Matthias	1973	m	Tri Dornbirn	0:07:48 (2.)	00:43	0:17:13 (1.)	00:36	0:16:13 (1.)	0:42:35.9
2.	287	Roth, Alexander	1972	m	TG Biberach	0:07:15 (1.)	00:34	0:19:37 (3.)	00:31	0:18:55 (6.)	0:46:54.4
3.	54	Mangold, Christian	1971	m	Radsport Greiner/TV Isny	0:09:45 (16.)	00:55	0:19:06 (2.)	00:33	0:16:59 (2.)	0:47:19.9
4.	212	Meier, Egon	1969	m	Tri Team Bludenz	0:09:27 (11.)	00:42	0:19:53 (5.)	00:29	0:18:26 (4.)	0:49:00.9
5.	195	Hanser, Robin	1971	m	Tri Team Langenargen	0:09:12 (9.)	01:05	0:20:39 (7.)	01:03	0:18:10 (3.)	0:50:11.7
6.	283	Wachter, Andreas	1971	m	Stans 4 Triathlon	0:07:51 (3.)	01:22	0:19:40 (4.)	00:38	0:20:47 (12.)	0:50:20.1
7.	200	Sorger, Michael	1972	m	Tri Dornbirn	0:08:03 (4.)	00:42	0:20:43 (8.)	00:43	0:20:47 (13.)	0:51:00.5
8.	203	Achberger, Gerhard	1971	m	Tri Dornbirn	0:09:03 (8.)	02:17	0:20:52 (9.)	01:05	0:18:42 (5.)	0:52:01.6
9.	161	Sprecher, Daniel	1969	m	Skinfit Iron Team CH	0:09:20 (10.)	00:59	0:21:20 (11.)	00:59	0:20:38 (9.)	0:53:18.7
10.	206	Carl, Christian	1971	m	Tri Team Langenargen	0:08:58 (6.)	01:23	0:22:20 (18.)	01:11	0:20:13 (7.)	0:54:06.9
11.	138	Otey, Rodrigo	1972	m	TSV Fischbach	0:09:41 (15.)	00:52	0:22:27 (20.)	00:40	0:20:40 (11.)	0:54:22.9
12.	178	Scheier, Patrick	1973	m	physiotop.ch	0:08:54 (5.)	03:18	0:21:38 (13.)	00:56	0:20:37 (8.)	0:55:25.2
13.	137	König, Christian	1972	m	hellblau.POWERTEAM	0:11:45 (21.)	00:44	0:20:05 (6.)	00:49	0:22:26 (16.)	0:55:51.0
14.	148	Lüthy, Daniel	1972	m	Gold Ochsen Team SSV Ulm 1846	0:11:36 (20.)	00:29	0:21:30 (12.)	01:41	0:20:38 (10.)	0:55:56.0
15.	159	Neyer, Roland	1971	m	(Bludenz)	0:10:48 (18.)	01:40	0:22:08 (15.)	01:03	0:22:17 (15.)	0:57:59.3
16.	220	Heerdegen, Beat	1970	m	(Niederuzwil)	0:09:40 (13.)	01:38	0:22:46 (22.)	01:13	0:23:00 (19.)	0:58:19.3
17.	188	Müller, Dirk	1969	m	TSV Fischbach	0:09:03 (7.)	01:26	0:22:15 (16.)	01:05	0:24:38 (22.)	0:58:30.5
18.	90	Scharfetter, Gernot	1972	m	1. Raika TTC Innsbruck	0:14:18 (25.)	00:49	0:21:10 (10.)	01:43	0:20:51 (14.)	0:58:53.9
19.	99	Drews, Aaron	1973	m	Trigantium Bregenz	0:09:33 (12.)	03:41	0:22:22 (19.)	01:25	0:22:28 (17.)	0:59:31.9
20.	112	Honold, Klaus	1969	m	Tri Team Glarnerland	0:11:24 (19.)	00:41	0:22:38 (21.)	00:46	0:26:10 (23.)	1:01:42.1
21.	160	Bircher, Andy	1970	m	BSC	0:14:16 (24.)	01:48	0:22:02 (14.)	01:49	0:22:34 (18.)	1:02:31.1
22.	70	Fussenegger,	1970	m	(Dornbirn)	0:14:00 (23.)	00:49	0:23:43 (23.)	01:01	0:23:08 (20.)	1:02:44.3
23.	170	Hammerer, Hannes	1970	m	Tri Dornbirn	0:09:40 (14.)	03:16	0:22:17 (17.)	01:03	0:27:33 (24.)	1:03:50.6
24.	49	Stürzenbecher, Claus	1969	m	(Volders)	0:13:10 (22.)	01:55	0:25:10 (25.)	01:09	0:24:06 (21.)	1:05:31.9
25.	79	Gächter, Werner	1969	m	1. Raika TTC Innsbruck	0:10:19 (17.)	01:59	0:24:00 (24.)	01:36	0:27:57 (25.)	1:05:53.7

M45

1.	282	Krähenbühl, Andreas	1966	m	Tempo-Sport - exersciences	0:07:20 (1.)	00:47	0:19:20 (4.)	00:31	0:18:01 (3.)	0:46:02.4
2.	256	Schildknecht, Richard	1964	m	(St.Gallen)	0:08:35 (3.)	00:43	0:19:17 (2.)	00:34	0:18:06 (4.)	0:47:18.1
3.	236	Eugster, Christoph	1967	m	(WOLFHALDEN)	0:09:22 (8.)	00:41	0:19:19 (3.)	00:46	0:17:17 (1.)	0:47:26.6
4.	254	Balmberger, Michael	1967	m	Gold Ochsen Team SSV Ulm 1846	0:09:08 (5.)	00:41	0:19:15 (1.)	00:39	0:18:56 (7.)	0:48:42.6
5.	163	Enzler, Daniel	1965	m	LGTV Teufen	0:09:11 (7.)	01:49	0:20:11 (7.)	00:22	0:17:35 (2.)	0:49:10.1
6.	230	Bernhard, Edgar	1968	m	Tri Dornbirn	0:08:32 (2.)	01:39	0:20:36 (9.)	00:40	0:18:10 (5.)	0:49:38.9
7.	201	Beer, Martin	1968	m	Tri Dornbirn	0:09:04 (4.)	02:02	0:19:55 (6.)	00:38	0:18:15 (6.)	0:49:57.8

24. Skinfit Luschnouar Ironmännli 2013

Ergebnisliste AK Ironmännli

Pl.	Stn.	Name	Jg.	m/w	Verein	Schwimmen	Wechsel 1	Radfahren	Wechsel 2	Laufen	Endzeit
8.	204	Meyer, Gerhard	1968	m	Tri Dornbirn	0:10:02 (12.)	00:39	0:19:24 (5.)	00:55	0:22:15 (13.)	0:53:17.8
9.	92	Thurnher, Thomas	1966	m	TriTeam Lustenau	0:11:06 (14.)	00:54	0:20:15 (8.)	01:06	0:21:08 (11.)	0:54:31.9
10.	131	Zubke, Oliver	1968	m	TSV Moosbach	0:10:56 (13.)	00:56	0:20:53 (10.)	01:36	0:20:59 (10.)	0:55:22.5
11.	189	Diesch, Robert	1967	m	SG Niederwangen	0:09:50 (11.)	01:51	0:22:24 (17.)	01:05	0:20:37 (9.)	0:55:49.7
12.	197	Harzenetter, Thomas	1965	m	TV Immenstadt	0:09:09 (6.)	00:38	0:21:11 (11.)	00:20	0:25:09 (16.)	0:56:28.6
13.	111	Horner, Peter	1965	m	www.SENTIERO.ch	0:09:45 (10.)	02:50	0:21:17 (12.)	01:28	0:21:54 (12.)	0:57:16.8
14.	100	Schmid, Andreas	1967	m	Gold Ochsen Team SSV Ulm 1846	0:12:23 (17.)	00:52	0:21:27 (13.)	00:47	0:22:32 (14.)	0:58:03.9
15.	82	Keisoglou, Tassos	1965	m	TV Immenstadt	0:11:55 (16.)	03:21	0:22:01 (15.)	01:38	0:20:17 (8.)	0:59:14.6
16.	132	Beham, Peter	1966	m	TriTeam Isny	0:09:37 (9.)	00:48	0:22:11 (16.)	00:54	0:26:25 (17.)	0:59:56.9
17.	214	Jakober, Bernhard	1967	m	(Feldkirch)	0:11:32 (15.)	03:35	0:21:40 (14.)	02:13	0:23:53 (15.)	1:02:55.5

M50

1.	274	Schawalder, Reto	1959	m	Eitzinger Sport / Jäckli&Seitz	0:06:54 (1.)	00:45	0:18:48 (1.)	00:36	0:18:49 (1.)	0:45:54.3
2.	177	Linke, Christian	1962	m	Mack Team SF Dornstadt	0:08:20 (6.)	01:20	0:19:08 (2.)	00:43	0:18:54 (2.)	0:48:28.4
3.	284	Schawalder,	1962	m	Team Radsport Frei / Tri Top Team	0:07:08 (2.)	00:59	0:19:11 (3.)	00:37	0:20:36 (5.)	0:48:33.3
4.	255	Forster, Hubert	1961	m	(Lochau)	0:07:28 (3.)	01:32	0:20:26 (6.)	00:38	0:19:15 (3.)	0:49:20.5
5.	225	Koller, Daniel	1962	m	Tri Bodensee	0:09:01 (8.)	01:02	0:19:16 (4.)	01:04	0:19:49 (4.)	0:50:15.3
6.	234	Thalmann, Udo	1962	m	TSV Fischbach	0:08:12 (5.)	01:11	0:20:39 (7.)	00:54	0:21:02 (8.)	0:51:59.9
7.	165	Rapps, Klaus	1963	m	RSC AUTO BROSCHE Kempten	0:08:41 (7.)	01:33	0:20:19 (5.)	00:42	0:20:57 (7.)	0:52:15.2
8.	271	Molenaar, Peter	1962	m	Tri Team Calanda	0:07:50 (4.)	01:19	0:20:48 (8.)	01:01	0:22:33 (13.)	0:53:33.4
9.	122	Shepherd, Nick	1962	m	Trigantium Bregenz	0:12:18 (14.)	00:56	0:21:43 (11.)	00:18	0:20:46 (6.)	0:56:04.2
10.	155	Schädler, Philip	1961	m	Triathlon Club Vaduz	0:09:50 (9.)	01:05	0:22:54 (14.)	00:49	0:21:49 (10.)	0:56:29.0
11.	94	Pauli, Kurt	1960	m	(Kesswil)	0:12:56 (16.)	00:50	0:21:09 (9.)	00:24	0:22:12 (12.)	0:57:33.1
12.	110	Roth, Alois	1960	m	Perspektiven Roth	0:12:00 (13.)	00:50	0:22:09 (13.)	01:11	0:21:33 (9.)	0:57:44.8
13.	44	Vogel, Reinhard	1960	m	TriTeam Lustenau	0:11:40 (12.)	00:44	0:21:32 (10.)	02:09	0:22:07 (11.)	0:58:14.5
14.	211	Huber, Michael	1961	m	LTC Wangen	0:10:06 (10.)	02:55	0:21:56 (12.)	00:58	0:24:29 (16.)	1:00:26.4
15.	63	Schwendinger, Robert	1961	m	Dropzone.at	0:12:42 (15.)	01:18	0:22:57 (15.)	00:28	0:24:17 (15.)	1:01:45.1
16.	76	Grendelmeier, Philipp	1959	m	(Zizers)	0:11:35 (11.)	02:18	0:23:29 (16.)	01:12	0:23:32 (14.)	1:02:08.1

M55

1.	237	Spohn, Tschösi	1955	m	TTT-Rheintal	0:08:01 (1.)	00:48	0:19:33 (1.)	00:50	0:19:54 (1.)	0:49:08.0
2.	73	Berger, Helmut	1957	m	(Hirscheegg)	0:08:41 (3.)	01:00	0:20:19 (2.)	00:56	0:20:42 (3.)	0:51:40.0
3.	227	Summer, Martin	1958	m	(Dornbirn)	0:08:20 (2.)	01:30	0:20:35 (3.)	00:53	0:20:21 (2.)	0:51:41.6
4.	141	Berger, Peter	1958	m	Tri Bodensee	0:10:52 (4.)	00:53	0:23:36 (5.)	01:23	0:23:26 (5.)	1:00:12.4

24. Skinfit Luschnouar Ironmännli 2013

Ergebnisliste AK Ironmännli

Pl.	Stn.	Name	Jg.	m/w	Verein	Schwimmen	Wechsel 1	Radfahren	Wechsel 2	Laufen	Endzeit
5.	65	Heindl, Fritz	1957	m	(Bludesch-Gais)	0:11:37 (5.)	02:12	0:22:21 (4.)	03:03	0:22:35 (4.)	1:01:49.8
M65											
1.	77	Gebert, Niklaus	1948	m	(Rorschach)	0:11:59 (1.)	02:08	0:23:52 (1.)	00:52	0:25:28 (1.)	1:04:20.1
M70											
1.	45	Porod, Raimund	1939	m	TriTeam Lustenau	0:15:47 (1.)	08:53	0:28:02 (1.)	01:03	0:34:33 (1.)	1:28:20.9